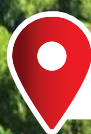


8D7N 尼泊尔  
NEPAL

KATHMANDU | NAGARKOT | CHITWAN | POKHARA | DHAMPUS VILLAGE  
加德满都 | 纳加阔特 | 奇旺 | 博卡拉 | 丹普斯村



DHAMPUS VILLAGE 丹普斯村

NO  
COMPULSORY  
SHOPPING STOP  
无强制性  
购物站





## DAY 1 : KUALA LUMPUR ✈ KATHMANDU (MOB)

Assemble at Kuala Lumpur International Airport for your flight to Kathmandu. Upon arrival, be greeted with a naturally warm Nepali hospitality before proceeding to hotel.

## Day 2 : KATHMANDU 🚗 NAGARKOT (50 KM - 1.5 HRS) (B/L/D)

**Bhaktapur Durbar Square**, admiring its palaces and temples.

**Nagarkot.** Situated on a ridge at the edge of the Valley, it offers great views of Himalayas, attractive mountain scenery and impressive views of those mountains at sunrise and sunset.

## DAY 03 : NAGARKOT 🚗 CHITWAN (200 KM - 6 HRS) (B/L/D)

Wake up and witness an early morning 180-degree **sunrise view over Himalaya**.

**Chitwan:** The region called Chitra Ban in earlier references used to be dense forest abounding in wild animals and resorted by recluse sages meditating deep in the forests.

**Tharu Village** where you can observe the Tharu tribe way of life. Here you will get to view amazing sunset pairing with local liquor and seasonal fruits, following by a local **Tharu Cultural Show** specially arranged.

## DAY 04 : CHITWAN 🚗 POKHARA (160 KM - 5 HRS) (B/L/D)

**Chitwan National Park**, enjoy a **Jeep Safari** offering an experience like none other, get to sight 1-horned rhinoceroses, Royal Bengal Tiger, Sloth Bear, Leopard, spotted deer, peacocks and other wildlife.

**Pokhara** The pure air, the spectacular backdrop of snow-capped peaks, the azure lake and the surrounding greenery make it the "Jewel of the Himalayas", a place of extraordinary natural beauty.

## DAY 05 : POKHARA 🚗 KANDE (LIGHT TREK ± 2 HRS) 🚶 (B/L/D) AUSTRIAN CAMP (LIGHT TREK ± 1 HRS) 🚶 DHAMPUS VILLAGE

Nepal tour will never be complete without a short trek. Today from Pokhara drive to Kande, from Kande we will have a light trek to Austrian camp to have a closer look of the Himalayan mountain range, then continue to Dampus village for lunch.

For those who do not wish to trek can drive direct to Dampus village to explore around the small village at own leisure.

**Kande:** a small village in the far western region of Nepal, part of the Baitadi District in Gurukhola.

**Austrian Camp**, this charming village offers breathtaking views of the Annapurna range, Fishtail and Manaslu peaks, and verdant hills.

**Dhampus Village** is one of the best viewpoints of Nepal. You can clutch the outstanding view of Pokhara and the landscape gets even better as the sun sets down.

## DAY 06 : POKHARA 🚗 (B/L/D)

Freshen up the day with a rejuvenating sunrise **yoga session**.

Hiking experience through the lush green forest to insta-worthy **World Peace Pagoda** which sits atop a hill and overlooks the Annapurna mountain range.

Enjoy a relaxing **boat ride** along the **Lake Phewa** and snap a picture perfect you with brightly painted paddle boats bobbing in the water and stunning Himalayas backdrop.

## DAY 07 : POKHARA ✈ KATHMANDU (210 KM - 25 MINS FLIGHT) (B/L/D)

**Boudhanath Stupa.** This sacred pilgrimage site holds great significance for Buddhists, with its intricate architecture and 108 small niches housing iconic statues of Buddhas, Bodhisattvas, and female deities. **Recognized as a UNESCO World Heritage site.**

**Local community** as you visit a nearby school, gaining insight into the daily operations and interacting with the vibrant schoolchildren. Witness firsthand the dedication and enthusiasm in their pursuit of knowledge, leaving a lasting impression of the importance of education.

**Pashupatinath Temple** which is regarded as the most sacred temple of Hindu Lord Shiva in the world. Thousands of pilgrims from all over the world come to pay homage to this temple which is also known as 'The Temple of Living Beings'.

**Nepali cultural show** that showcase the vibrant culture of the country.

## DAY 08 : KATHMANDU ✈ KUALA LUMPUR (B/L/D)

**Patan Durbar Square complex** which is perhaps the most photographed of the three Durbar Squares. Located in the heart of Patan city, this was once the palace of the Kings of Patan. The square is a display of Newari architecture that had reached its pinnacle during the reign of Malla kings who were great builders and patrons of the arts.

Here, participate in the "**Singing Bowl Therapy**" that has garnered the interest of travelers around in the world. It is a unique form of treatment that you can enjoy in order to relieve yourself of travel stress and to rejuvenate in Kathmandu.

Learn the **Thangka Painting** with expert guidance and enjoy a hands-on session. Embrace the art and create masterpieces with joy!



## 第一天 : 吉隆坡 ✈ 加德满都 (机上用餐)

抵达印度繁华的首都德里，您将受到传统印度式的欢迎，并在护送您前往酒店时标志着您非凡旅程的开始。

## 第二天 : 加德满都 🚗 那加阔特 (50公里 - 1.5小时) (早/午/晚餐)

**巴克塔普尔杜巴广场**，欣赏其宫殿和寺庙。

**纳加阔特**它坐落在山谷边缘的山脊上，享有喜马拉雅山脉的壮丽景色、迷人的山景以及日出和日落时令人印象深刻的山脉景色。

## 第三天 : 纳加阔特 🚗 奇旺 (200公里 - 6小时) (早/午/晚餐)

清晨醒来，欣赏**喜马拉雅山** 180度的**日出景色**。

**奇旺**早期文献中称为奇特拉班的地区曾经是茂密的森林，野生动物丰富，是隐士圣人在森林深处冥想的胜地。

**塔鲁村**在这里您可以观察塔鲁部落的生活方式。在这里，您将欣赏到令人惊叹的日落，搭配当地酒和时令水果，然后观看特别安排的当地**塔鲁文化表演**。

## 第四天 : 奇旺 🚗 博卡拉 (160公里 - 5小时) (早/午/晚餐)

**奇旺国家公园**，享受**吉普车越野之旅**，享受独一无二的体验，观赏独角犀牛、皇家孟加拉虎、懒熊、豹、梅花鹿、孔雀和其他野生动物。

**博卡拉**，纯净的空气、壮观的雪峰背景、蓝色的湖泊和周围的绿色植物使其成为“喜马拉雅山上的宝石”，一个具有非凡自然气质的地方。

## 第五天: 博卡拉 🚗 坎德 (轻徒步±2小时) 🚶 (早/午/晚餐) 奥地利营地 (轻徒步±1小时) 🚶 丹普斯村

如果没有短途跋涉，尼泊尔之旅就永远不会完整。今天从博卡拉驱车前往康德，从康德我们将徒步前往奥地利营地，近距离观赏喜马拉雅山脉，然后继续前往丹普斯村享用午餐。

对于那些不想徒步旅行的人，可以直接开车前往丹普斯村，悠闲地探索这个小村庄。

**坎德:** 是尼泊尔最西部地区的一个小村庄，是古鲁科拉白塔迪区的一部分。

**奥地利营地**这座迷人的村庄享有安纳布尔纳峰 (Annapurna) 山脉、鱼尾峰 (Fishtail) 和马纳斯鲁峰 (Manaslu) 以及青翠山丘的壮丽景色。

**丹普斯村**，是尼泊尔最好的观景点之一。您可以欣赏博卡拉的壮丽景色，随着太阳落山，风景变得更加美丽。

## 第六天 : 博卡拉 🚗 (早/午/晚餐)

通过日出**瑜伽课程**让您焕发活力，焕发新的一天

徒步体验穿过郁郁葱葱的绿色森林，到达值得拍照留念的**世界和平塔**，该塔坐落在山顶上，俯瞰着安纳普尔纳山脉。

沿着**费瓦湖**享受轻松的**乘船之旅**，并以色彩鲜艳的明轮船在水中漂浮和令人惊叹的喜马拉雅山为背景，拍一张完美的照片。在色彩缤纷的湖滨街道和柔和的氛围中结束一天的行程

## 第七天 : 博卡拉 ✈ 加德满都 (210公里 - 25分钟飞行) (早/午/晚餐)

**博拿大佛塔**，深入了解加德满都的文化奇观。这个神圣的朝圣地对佛教徒来说具有重要意义，其建筑错综复杂，108 个小壁龛内供奉着佛陀、菩萨和女神的标志性雕像。这座宏伟的建筑被**联合国教科文组织列为世界遗产**，吸引着来自世界各地的游客和朝圣者。

参观附近的学校，**融入当地社区**，深入了解日常运作并与充满活力的学童互动。亲眼目睹他们追求知识的奉献和热情，给教育的重要性留下了深刻的印象。

**帕斯帕提那神庙**，该神庙被认为是世界上印度教湿婆神的最神圣的寺庙。成千上万的来自世界各地的香客前来朝拜这座寺庙，这座寺庙也被称为“众生殿”。

**尼泊尔文化表演**，展示该国充满活力的文化。

## 第八天 : 加德满都 ✈ 吉隆坡 (早/午/晚餐)

**帕坦王宫广场建筑群**，它可能是三个杜巴广场中出镜率最高的一个。位于帕坦市中心，这里曾经是帕坦国王的宫殿。该广场展示了尼瓦里建筑，在马拉国王统治时期达到了顶峰，马拉国王是伟大的建设者和艺术赞助人。

在这里，参加吸引了世界各地旅行者兴趣的**“颂钵疗法”**。这是一种独特的治疗方式，您可以享受它来缓解旅行压力并在加德满都恢复活力。

在专家指导下学习**唐卡绘画**并享受实践课程。拥抱艺术，快乐创作杰作！





## UNIQUE STAY EXPERIENCE 非一般住宿体验



@ Dusit Princess Lobby



@ Club Himalaya Resort



@ Soaltee Westend Resort Local



@ Dusit Princess Room



@ Club Himalaya Resort Room



@ Mountain Glory Forest Resort

STAY 留宿	LOCATION 地点	4+5* LOCAL HOTEL CATEGORY 当地酒店	RATED 等级
2 NIGHTS 2晚	KATHMANDU 加德满都	Dusit Princess / Hyatt Place	OR SIMILAR 或同级
1 NIGHT 1晚	NAGARKOT 纳加阔特	Club Himalaya Resort or Mystic Mountain Resort	OR SIMILAR 或同级
1 NIGHT 1晚	CHITWAN 奇旺	Soaltee Westend Resort Local	OR SIMILAR 或同级
3 NIGHTS 3晚	POKHARA 博卡拉	Mountain Glory Forest Resort	OR SIMILAR 或同级



## VARIETIES CUISINE 各种美食



@ Nepali Thali



@ Sel Roti



@ Momos



## MAP ROTATION 旅程地图



@ Nagarkot 纳加阔特





@ Yoga  
瑜伽



@ Tharu Cultural Dance  
塔鲁文化舞蹈



@ Singing Bowl Therapy  
颂钵疗法



@ Jeep Safari  
吉普车旅行



@ Thangka Painting Class  
唐卡绘画班



@ Phewa Lake Boat Ride  
费瓦湖乘船游览

#### ESTIMATED FLIGHT SCHEDULE 预计航班时间

<b>DEPARTURE 出发</b>	<b>Day 01</b> 第一天	<b>MH - 170</b>	<b>0855</b> KUL 吉隆坡	-	<b>1130</b> KTM 加德满都		<b>4H50M</b>
<b>RETURN 往返</b>	<b>Day 08</b> 第八天	<b>MH - 171</b>	<b>1230</b> KTM 加德满都	-	<b>1930</b> KUL 吉隆坡		<b>4H45M</b>

\*Flight schedule and estimate time of arrival and departure subject to airline confirmation without prior notice. 此航班仅供参考，对应的航班时间均有调整的可能，包括起飞时间的变化等。

#### TOUR FARE 团费

DEPARTURE 出发日期	ADULT TWINS 成人	CHILD TWIN 小孩占床	CHILD NO BED 小孩不占床	SINGLE SUPP 单人房差	UPGRADE 升级	TRAVEL INSURANCE 旅游保险

#### TERMS & CONDITIONS 备注：

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. We reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure.
- Purchase of travel insurance is compulsory. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour. Or in the event of unforeseen circumstances such as adverse weather conditions/natural disaster or other causes which may lead to traffic delays/extend stays, cancellation, rescheduling or others losses.
- Unless otherwise specified by request, tours are conducted in English.
- Tour buses are arranged based on group size which make sure every passenger is entitled to one seat each.
- Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses.
- No refund shall be entertained for any unutilized portion of the tour.
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commence within the jurisdiction and territory of the country.
- Airport taxes, fuel surcharges and visa fees do not form part of the tour fare and it should be borne by the passenger. The Company is only acting as an agency to collect the above charges therefore it is subject to the Terms and Conditions of the respective authorities & airlines.
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice.
- Flight timing and schedules are not guaranteed and do not form part of the contract. They are subject to change at the insistence of the Aviation of Government Authorities for the Tour Member's safety, security and other reasons. Neither The Company nor the Carrier concerned will accept liability for reasons of flight cancellations, delays or diversions that is not within its control.
- The Company reserves the right to cancel or withdraw at any time bookings made by or on behalf of Tour Members prior to departure. However, the company will reserve the absolute right to vary the group size due to unforeseen circumstances. The decision of The Company shall be final and inclusive and no liabilities whatsoever shall be incurred by the Company for such cancellation.
- It is the Tour Member's responsibility to ensure that they have a valid passport with at least 6 months validity from the date of departure.
- Itinerary Sequence is subject to Final hotel confirmation and shall be updated 30 days before departure.  
**Deposit / Tour Payments**  
A non-refundable of RM 3000 per person must be paid upon reservation. Full payment shall be made 60 days before departure. If full payment is not received 60 days or more prior to departure date, the Company reserves the right to forfeit the deposit and cancel the reservation.
- Amendment fee is applicable to all booking which are confirmed and deposit paid. All amendments will need to be made 60 days before departure date amendment fee of (min RM300) will be charged and may vary depending on the changes. Any subsequent cost increases and surcharges will be borne by the tour member.
- Cancellation of booking must be made in writing. Deposit of RM3000 per person will be forfeited if the company received notice more than 60 working days. If the company received notice to cancel less than 60 working days before the date of departure, a 100% cancellation of tour fare will be charged.